PETWORTH COTTAGE
NURSING HOME

Newsletter

November 2026



As we enter November, the autumn season is well and truly upon us. The days are becoming shorter, the mornings much cooler and the trees are displaying the last of their beautiful autumn colours.

November is a time to appreciate all that we have and reflect on memories we have made throughout the year. As another year gradually draws to a close and with the festive season soon approaching, we look forward to a peaceful and enjoyable month ahead.



We had a fun packed October with residents enjoying many of the activities such as pumpkin carving where they made flower arrangements using the pumpkins as a vase. We also had our staff fancy dress day on the 30th October where we held a competition for the best dressed and asked our residents and staff to pick a winner. Our wonderful kitchen assistant Julia won the competition with her handmade crochet skills impressing many of the staff and residents. Congratulations Julia.

Remember, Remember the Fifth of November!

Bonfire night is a familiar British tradition that has been celebrated for generations. For many, it brings back memories of gathering around bonfires, watching fireworks light up the night sky and enjoying autumnal treats.

It is a great opportunity to share stories amongst yourselves on how bonfire night celebrations have changed over the years.

Remembrance Sunday – 8th November

Armistice day – 11th November

November holds particular significance as we remember those who served, those who lost their lives and the sacrifices made during times of conflict. Remembrance Day is also a very deeply personal occasion for many, bringing memories of family members, friends and loved ones. We will take time to reflect, pay our respects and remember those whose courage and sacrifice should never be forgotten.

– We will remember them

Activities this month

Monday 2nd – Poppy making with Seaford college students in the lounge 2.30pm

Thursday 5th – Bingo 11am in the lounge

Thursday 5th – Guy Fawkes documentary 3.30pm in the lounge followed by a display of sparklers on the patio

Friday 6th – Church service with Father Martin in the lounge 3pm

Sunday 8th – National service of remembrance showing 10.15am in the lounge

Monday 9th – Coffee and cake morning 10.45am in the Golden room

Wednesday 11th- Armistice day – Tv broadcast (time to be announced) two minutes silence 11am

Thursday 12th – Bingo 11am in the lounge

Friday 13th – World kindness day individual activities throughout the day

Sunday 15th – Christmas card making 10.45am in the golden room

Monday 16th – Bingo with Seaford college students 2.30pm

Wednesday 18th – Susie Duffy playing piano 11am in the lounge

Thursday 19th – Bingo in the lounge 11am

Friday 20th – Namaste relaxation sessions in the Retro room

Sunday 22nd – Christmas gift making – Jewellery and keyring making 10.45am in the Golden room

Monday 23rd – Mexican themed lunch 12.30pm in the Golden room

Thursday 26th – Bingo 11am in the lounge

Friday 27th – Red Card pop up shop 10am-2pm in the Golden room

Sunday 29th – Christmas decoration making 11am in the Golden room

Monday 30th – Cheese and wine 4.30pm in the Golden room

Please note – Trips out are available. Please do let Hannah know if you would like this arranged. With Christmas approaching there will be plenty of opportunities available to go shopping.

Get to know our staff



Name – Kate

Job Role – Registered Nurse (Days)

Time working at PCNH – 6 months

Likes – walking my dog, listening to music, baking cakes, seeing friends and spending time with my children

Dislikes – Driving in the dark with tailgaters and driving in bad weather.

Something you may not know about me – One day I would like to have the time to do artwork. I would love to try painting and sculpting.

"In a world where you can be anything, be kind"

World kindness day – Friday 13th November