PETWORTH COTTAGE
NURSING HOME

Sample Weekly Menu

	BREAKFAST	LUNCH — FIRST CHOICE	LUNCH — SECOND CHOICE	SUPPER
MONDAY	Bacon, egg and fried bread	Lasagna Salad, garlic bread	Vegetable gnocchi Salad, garlic bread	Sausage casserole or quiche
TUESDAY	Bacon, egg and baked beans	Chinese chicken Egg fried rice	Potato and spinach curry Egg fried rice	Scrambled eggs or egg and chips
WEDNESDAY	Sausage, egg and tomatoes	Salmon, béchamel sauce New potatoes, broccoli	Ham and leek gratin or vegetable gratin New potatoes, broccoli	Pizza or sandwiches
THURSDAY	Bacon, egg and hash brown	Roast beef, Yorkshireshire pudding Roast potatoes, cabbage, carrots	Quorn roast Roast potatoes, cabbage, carrots	Bacon roll or smoked salmon salad with cream cheese
FRIDAY	Bacon, egg and mushrooms	Fish or scampi Mushy peas	Honey-glazed halloumi Mushy peas	Prawn cocktail or soup and sandwiches
SATURDAY	Sausage, egg and baked beans	Chicken meatballs in tomato sauce Mashed potatoes or pasta	Vegetable brunch Mashed potatoes or pasta	Savoury turnover or cheese potatoes
SUNDAY	Bacon, egg and tomatoes	Roast lamb Roast potatoes, green beans, carrots	Salmon tart Roast potatoes, green beans, carrots	Soup and sandwiches

Baked potatoes, sandwiches, omelettes and a range of cold desserts available on request.